



Welcome to Heaven on Earth!

Yoga Class Registration Form

Thank-you for taking the time to complete this form. This information will help us to better serve you and guide you in your yoga practice. Namaste.

It's recommended to consult your doctor before beginning a new physical exercise or yoga program. For your safety, always assure that you take care to follow instructions well. However, as a student of yoga and/or other classes that you might attend at Heaven on Earth, you remain completely in charge of your practice, of your safety, and wellbeing. The sole decision and responsibility to perform an exercise or yoga pose or not, to stay in or come out of an exercise or yoga pose, is your choice. While signing this form, you release Heaven on Earth and Karen Heaven Inc. and its directors, teachers and staff of all responsibility. Class packages are non-refundable.

Name: _____

Address: _____

City: _____

Email: _____

Website (if applicable): _____

Would you like to receive our free informative newsletters and notices about our activities? Yes _____ No _____

Phone (day) _____ Cell _____

Profession: _____ Date of Birth _____

Specify the name, day, time of the class(es) you are registering for: _____

What do you hope to gain through yoga? _____

Do you have any injuries or limitations? No _____ Yes _____ If yes, please describe _____

Are you on any form of medication? If so, for what condition(s)? _____

Recent accident or surgery? If so, please describe: _____

Do you have any of the following: pacemaker, joint replacement(s), implants, pins, wires, or other medical apparatus? If so, please describe: _____

What are your regular physical activities, if any? _____

Are you pregnant? _____ If yes, how many weeks? _____ Due date _____

Do you practice yoga already? No _____ Yes _____ If yes, which style? _____

Since how long? _____ Where? _____ Teacher? _____

How did you hear about us? Friend _____ Friend's name? _____ Web Search _____ Other _____

Signature _____ Date _____

Payment Methods Accepted: CASH, DEBIT or CREDIT, and E-TRANSFER (password: yoga).

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