

# Yoga for Wellness Teacher Training

150-Hr 7-Weekend Program Oct 2024 to Apr 2025

*Are you ready to enrich & transform your life?*

*Embark on a journey of self-healing & empowerment.*

*Learn to share your passion for yoga & wellness.*

With two decades experience in training and certifying outstanding yoga teachers, our founder and principal yoga teacher trainer, Karen Claffey has specially designed a new **Yoga for Wellness** program. This program is for you if you would like to enhance your life with restorative yoga, essential yoga poses, mindfulness practices, and Ayurveda. Learn to nurture yourself and others, and/or become a compassionate and certified Yoga for Wellness Teacher.

## Program Schedule / 7-Weekends:

- 2024: Oct 12-13, Nov 16-17, and Dec 14-15,
- 2025: Jan 11-12, Feb 8-9, Mar 23-24, and Apr 20-21.
- Weekend Schedule: Saturday 9:00 am to 5:00 pm, and Sunday 9:00 am to 3:00 pm.

## Application & Registration Process

- Complete the YFWTT Application Form below.
- Send via email to [admin@heaven-onearth.ca](mailto:admin@heaven-onearth.ca) (note there is a dash after heaven).
- **Please do not send any payment until your application has been reviewed, and you've received email confirmation of your attendance.** See *Tuition Fees & Payment Schedule* below.
- This program will run with a minimum of four (4) participants, and a maximum of eight (8) participants.
- Registration deadline July 31<sup>st</sup>, 2024, or once the program is full, whichever comes first.

## Tuition Fees CAD & Payment Schedule

- Full Program Early-Bird Discount by Jun 1, 2024: \$2800 + HST (\$3164.00) - *Save over \$200*  
Full payment due upon acceptance of your application, before or by the Early-Bird Discount Deadline of June 1st, 2014. Payable by etransfer to [admin@heaven-onearth.ca](mailto:admin@heaven-onearth.ca).
- Full Program: \$2900 + HST (\$3277.00) - *Save over \$100*  
Full payment due upon acceptance of your application.  
Payable by etransfer to [admin@heaven-onearth.ca](mailto:admin@heaven-onearth.ca).
- Per Weekend: \$430.00 + HST (\$485.90)  
Payment for 1st weekend is due upon acceptance of your application. Payment for subsequent weekends is due before or by 5 pm the Friday prior to each weekend.  
Payable by etransfer to [admin@heaven-onearth.ca](mailto:admin@heaven-onearth.ca)

## Terms and Participation Expectations:

- Participants will be expected to be on time each day, and fully participate mentally and physically.
- Complete their reading and homework assignments on time.
- Take part in all aspects of the program. This includes practicing teaching fellow-students, even if a participant is not attending the program to become a teacher, and only attending for their own growth and wellness.

**Cancellation Policy:** Tuition is non-refundable, and not transferable to a future program.

Your Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ Province/State \_\_\_\_\_

Email \_\_\_\_\_

Cell Phone \_\_\_\_\_ or Home Phone \_\_\_\_\_

Date of Birth \_\_\_\_\_

Occupation \_\_\_\_\_

If retired, what was your occupation? \_\_\_\_\_

If you are new to Heaven on Earth, who referred you? \_\_\_\_\_

*Please feel free to provide additional pages to answer the following questions if needed.*

If applicable, please describe your personal yoga practice, frequency, duration, and style:

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What is it about this program that appeals to you?

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What do you hope to learn or accomplish by attending this program?

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Do you foresee anything getting in the way of you being able to attend and complete this program?

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I, (your name here) \_\_\_\_\_ attest that the above information is true and accurate. I understand and agree to the above described program dates and schedule, tuition fees, payment schedule, participation terms and expectations, and the cancellation policy.

Signature \_\_\_\_\_ Date: \_\_\_\_\_

You will be notified of your acceptance into the program by email. Depending on Karen's schedule, please expect a response anywhere from 1 day up to 14 days.

We look forward to welcoming you into our program!