

Yoga & TRX Open House!

Free classes all week
Monday to Friday
April 21st to 25th.

Contact us to reserve your space
in as many classes as you wish.

Spaces are limited.
Existing students are pre-registered.

***“Bring a Friend”* promo is back until July 1st!**

Bring a friend to any class, and when they sign up for a 5-class package, you get one free class on your package!

When they sign up for a 10-class package, you get two free classes on your package!