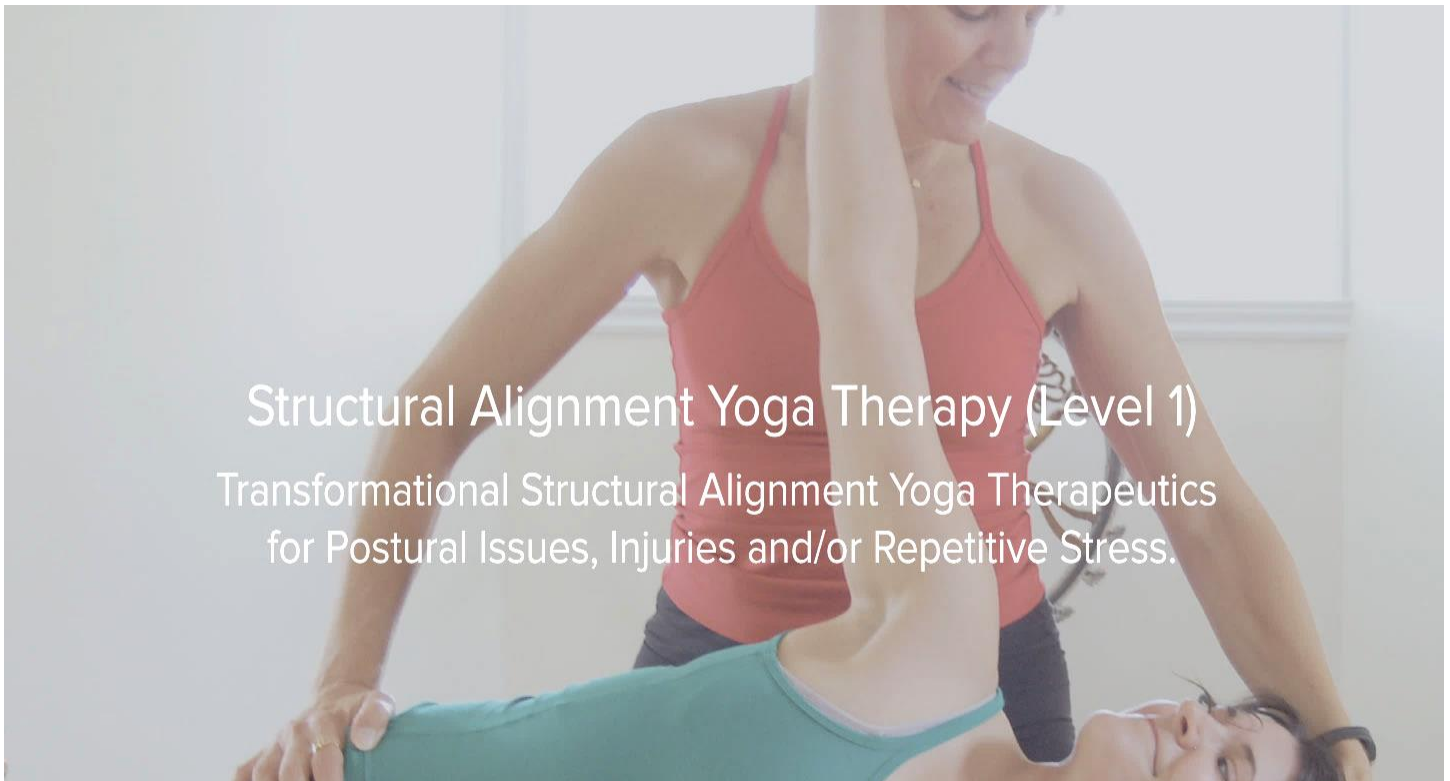


# Structural Alignment Therapy

## for yoga, movement & fitness professionals

5 Saturdays once p/month **May 4, Jun 1, Jul 6, Aug 3, & Sep 14, 2019**

4-Day Intensive **May 4-7, 2019**



Structural Alignment Yoga Therapy (Level 1)  
Transformational Structural Alignment Yoga Therapeutics  
for Postural Issues, Injuries and/or Repetitive Stress.

***Transform the way you practice and teach yoga, movement and/or fitness!***

***Become the “Go To” yoga therapist for postural issues, injuries and repetitive stress.***

Learn Karen Claffey's Structural Alignment Yoga Therapy (SAYT) - a leading edge biomechanically therapeutic methodology based on *Universal Principles of Alignment*™ that incorporates principles and techniques from osteopathy, shiatsu and Thai yoga massage, specifically applied to yoga therapy.

This program is suitable for yoga practitioners, teachers and therapists, fitness enthusiasts and professionals and for anyone interested in incorporating structural therapeutics into their personal or professional practice.

Instructor: Karen Claffey, DOMP, CYT, E-RYT500

To Register: send \$695 plus HST (\$785.35) via e-transfer to [admin@heaven-onearth.ca](mailto:admin@heaven-onearth.ca)

188 Green Mountain Rd E, Stoney Creek, ON L8J 3A4

[www.heaven-onearth.ca](http://www.heaven-onearth.ca) | [admin@heaven-onearth.ca](mailto:admin@heaven-onearth.ca)

905-664-9099

