

# Structural Alignment Therapy

for bodyworkers, manual therapists and/or  
for yoga, movement & fitness professionals



**Transform your bodywork practice. Transform the way you practice and teach movement.**

Karen Claffey's biomechanically therapeutic methodology is based on Universal Principles of Alignment™ and incorporates principles and techniques from osteopathy, manual therapy, and yoga therapy.

**Learn to address aches and pains from postural imbalance, injuries and repetitive stress.**

**Schedule:** The first 2 days of the program/Module 1 lays the foundation for both specialties. The last 2 days/Module 2 focus on either SAMT (Manual) or SAYT (Yoga):

Module 1 | Foundations for SAMT & SAYT:

- April 25-26, 2020
- June 11-12, 2020

Module 2 | **SAMT Focus:**

- May 2-3, 2020

Module 2 | **SAYT Focus:**

- June 13-14, 2020

**Tuition:** \$425 + HST (\$480.35) p/module

\$50 + HST discount applies for participants who wish to attend Module 2 for both SAMT and SAYT; discount applies to the second Module 2.

\*\*Upon completion of SAT Modules 1 and 2 students will be given free access the Karen's Structural Alignment Yoga Therapy Online Course.

**Event Location & Registration Contact:**

Heaven on Earth & Integrated Health

188 Green Mountain Rd E, Stoney Creek, ON L8J 3A4

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